

Devotional Message – Having Your Heart Right with God

Health and Safety Awareness for the Month of November

GOOD STATE OF HEART AND MIND

God looks at the motives of the heart for evidence of righteousness in our hearts. Our motives reveal who we are living for and the things we care about.

The Bible tells us that God Judges the intents of the Heart (see Hebrews 4:14).

God Searches the Heart

1 Samuel 16:7. “But the Lord said to Samuel, “Do not look on his appearance or on the height of his stature, because I have rejected him. For the Lord sees not as man sees: man looks on the outward appearance, but the Lord looks on the heart”.

When God searches the heart, He can see the “reasons” behind our thoughts and choices.

- A Generous Heart is a Kind Heart that Pleases God.
- Having the Heart to Give to God & helping others in life
- Honest and Caring Heart; we work hard not just for ourselves but our family, community, and our nation – we have the heart to serve.
- Heart of Love not hatred; but forgiveness and peace in our heart.
- Someone may have done you wrong or harm, you forgive and let God deal with it. You move on with no hate and do good to them, show love to those that have done bad things to you.

When you reflect in your life how you have come this far, through challenges and hardship you will get the sense of appreciation that God really was there all along and He has brought us this far and for that, we have to be thankful to God and be content with what God has blessed us with.

Being employed by this great organization is a calling from God to be part of this organization to contribute to nation building. In Jeremiah 29:11, the Lord declared that He has plan for each and every one of us. The plan to see us prosper whilst gaining hope and a future.

Take a moment to reflect in your life back to when you were in your primary or high school and just think at that moment, if someone was to tell you that you will be working with this organization in the future. Would you ever believe?

Almighty Father is the same God yesterday, today and forever (Heb.13:8) and He is the same God that has been with each and every one of us throughout our lives yet we forsake Him and we are not thankful to God for his never-ending Love and Mercy in our lives.

Having the heart to serve either at work or life in general may not be noticed by, or known to anyone. The commitment you make towards your work, family, community and the country may be seen as a struggle now but God sees your heart, and your motive. When your motive is right with God, He provides care and guiding your effort in ensuring that your investments, unfailing love and contributions are rewarded in unimaginable ways that we can never see it coming.

Consequences of a Troubled Heart

As human beings, we like to complain every time and it is within our nature. We have unlimited choices and the blessing that we are receiving is still never enough. This leads to dissatisfaction in life where we do not accept who we are and what we are blessed with.

The more troubled your heart is, you tend to attract negatives into your life. Those that have an evil heart is always trying to find the bad in everything, their hearts are set on seeking out the bad (see Titus 1:15)

Attraction of negatives have negative consequences on you spiritually, physically, and emotionally. These consequences may include, but are not limited to:

- Unhealthy eating habits
- Alcohol and drug abuse
- Having trouble sleeping
- Feeling overwhelmed and exhausted; feeling low, anxious and irritable
- Poor decision making; unable to make important changes like addressing or leaving unhealthy relationship
- Having no sense of satisfaction or accomplishment and commitment to your employer
- Depression
- High-blood pressure
- Shortened life-span.

To conclude, let us reflect on our own journey with God and pray for forgiveness. Be reminded and thankful that Our God is a wonderful God and He will always be the Lord of our Life, Our Saviour and Our Redeemer.

“The purpose in a man’s heart is like deep water, but a man of understanding will draw it out”. Proverbs 20:5

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DATE: 01ST NOVEMBER, 2022

